

The Merrion Spa & Health Club

A centre of beauty and wellness in the heart of Dublin

September 2019



Recognised as one of the city's finest hotels, The Merrion has unveiled its latest offering, *The Merrion Spa & Health Club*. Replacing the original spa, this is a brand-new development across the lower ground floor of the building incorporating six treatment rooms, a steam room and sauna, gym and the original 18-metre infinity pool with its iconic hand-painted mural backdrop.

Designed by Georgian interiors expert, Alice Roden - whose work is evident across the hotel - this is a tranquil sanctuary where the highest standard of wellness and elegant design create a centre of beauty and sense of privacy beneath the hustle and bustle of the city. Neutral paint colours, soft Irish fabrics and delicate lighting create a calming space for hotel guests and members of the public alike.

With some of the world's leading brands and Ireland's key professionals as partners, The Merrion Spa and Health Club offers an all-encompassing service including a new partnership with the globally renowned French skincare brand *Biologique Recherche*. Signature treatments will also be available from luxurious skincare brand *ESPA*.

The Vitality Club Bar area is the perfect place to relax after a treatment and perhaps try the 'Mean Greens' juice or a herbal tea. Alternatively, guests can enjoy a glass of fizz in the relaxation room, wrap up in an Urban Aran blanket and admire the artwork.

An oasis of calm and comfort, the opening of The Merrion Spa & Health Club will be the next chapter in the hotel's story, a natural evolution where wellness and beauty take centre stage.

Hours of Opening:

The Merrion Spa and Health Club:

6:30am – 9:00pm Monday to Friday

8:00am – 9:00pm Saturday, Sunday and Bank Holiday Mondays

Treatment Times:

9:30am – 8:30pm Monday to Friday

10:00am – 7:30pm Saturday, Sunday and Bank Holiday Mondays

To Book Call the Spa team on +353 1 603 0759 / +353 1 603 0600, email

thespa@merrionhotel.com or book online at www.merrionhotel.com

About The Merrion – Dublin's finest five-star address, The Merrion stands directly opposite Government Buildings in the heart of Dublin's historic city centre. On the doorstep is Upper Merrion Street, where Government Buildings, The National Gallery and The Natural History Museum are located. A short walk leads to the adjacent "golden mile" of lively pubs, shops and restaurants dotted around St. Stephen's Green. Grafton Street is a leisurely stroll away for all the latest designer shops. The Merrion is a member of The Leading Hotels of the World.