

## ***Salad Days at The Merrion Hotel***

This summer the 5 star Merrion Hotel invites guests to enjoy a vibrant, colourful and unique experience by treating themselves to the new Terrace Menu offering. With its breath-taking grounds in the middle of one of the city's most cherished landmarks, the stunning garden location is Dublin's best kept secret. The new menu, passionately designed by Executive Head Chef Ed Cooney reflects nutrition and nourishment while having a healthy living and calorie conscious philosophy behind it.

Guests can escape from the hustle and bustle of the city and soak up the sun in the blossomed gardens while enjoying eye catching, palatable dishes. The menu comprises of delectable plates of refreshing, exclusive salads including *Cottage Cheese and Cucumber* which boasts a plentiful amount of vitamin C and contains luscious strawberries and blueberries to make up a mouth watering treat and the appetising *Pomegranate and Feta* - which is full of omega 3 with luscious pomegranate, feta, quinoa and baby spinach.

Also on offer are appetising desserts for those who wish to reward themselves after their healthy salads and includes an *Irish cheese selection* offering and a *Dessert of Day*. Each dish has been nutritionally analysed and the calorie count features on the menu.

\*The Terrace will be open weather permitting.

For further information and reservations please contact The Merrion Hotel directly on +353 1 603 0600, facsimile +353 1 603 0700, email [reservations@merrionhotel.com](mailto:reservations@merrionhotel.com) or alternatively via the website: [www.merrionhotel.com](http://www.merrionhotel.com).

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