



TETHRA SPA *P* RICE LIST

ESPA SIGNATURE TREATMENTS

<i>Hot Stone Therapy</i>	75 mins	€125
<i>Holistic Back, Face and Scalp Treatment with hot stones</i>	1 hr 55 mins	€170
<i>Holistic Total Body Care with hot stones</i>	1 hr 55 mins	€170
<i>Holistic Back, Face and Scalp</i>	85 mins	€125
<i>Holistic Total Body Care</i>	85 mins	€125
<i>Pre-natal Treatment</i>	85 mins	€125

ESPA ENVELOPMENT

<i>Detoxifying Algae Wrap</i>	75 mins	€120
<i>Restorative Mud Envelopment</i>	75 mins	€120
<i>Oshadi Envelopment</i>	75 mins	€120
<i>Skin Hydrator Body Wrap</i>	75 mins	€120

ESPA LUXURY BODY TREATMENTS

<i>Stimulating Hip and Thigh Treatment</i>	55 mins	€100
<i>Body Polish</i>	30 mins	€50
<i>Salt and Oil Scrub</i>	30 mins	€50
<i>Full Body Massage</i>	55 mins	€100
<i>Aromatherapy Massage</i>	75 mins	€120
<i>Detoxifier De-Stresser Energiser Intensive Muscle Warmer</i>		
<i>Back Reviver</i>	30 mins	€55
<i>Lifesaving Back Treatment</i>	55 mins	€75

ESPA FACIAL TREATMENTS

<i>Rebalancing Facial</i>	55 mins	€90
<i>Regenerating Facial</i>	55 mins	€95
<i>Regenerating Facial with firming Eye Treatment</i>	75 mins	€120
<i>Indian Head Massage</i>	30 mins	€55
<i>Skin Brightener Facial</i>	55 mins	€90
<i>Re-hydrator Facial</i>	55 mins	€90
<i>Advanced Concept Lifting and firming Facial</i>	1 hr 25 mins	€140
<i>Men's Purifying Facial, Shoulder and Scalp Massage</i>	55 mins	€90

DARPHIN FACIAL TREATMENTS

<i>Sensorial Reviver Facial</i>	30 mins	€45
<i>Kiwi & Pomegranate Hydrating Facial</i>	55 mins	€80
<i>Chamomile & Honey Soothing Facial</i>	55 mins	€80
<i>Lemon & Lavender Purifying Facial</i>	55 mins	€80
<i>Vitamin & Tangerine Revitalising Facial</i>	55 mins	€80
<i>Iris and Jasmine Wrinkle Repair Facial</i>	55 mins / 85 mins	€80 / €125
<i>Stimulskin Lifting Facial</i>	55 mins / 85 mins	€80 / €125



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FULL DAY EXPERIENCES

<i>Total Indulgence</i>	5 hrs	€375
<i>Softest Skin</i>	4 hrs	€320
<i>Body Bliss</i>	2 hrs 30 mins	€220
<i>Golfers Tonic</i>	1 hr 30 mins	€130

TIMEOUT

<i>Flight Reviver</i>	1 hr 30 mins	€130
<i>Urban Warrior</i>	2 hrs	€170
<i>Stress Buster</i>	1 hr	€100

WEDDING BELLES

<i>Great Expectations</i>	3 hrs	€200
<i>Pamper Paws</i>	2 hrs 30 mins	€180
<i>Magic Moments</i>	4 hrs	€300

HAND AND FOOT TREATMENTS

<i>Express Manicure</i>	30 mins	€40
<i>Express Pedicure</i>	30 mins	€50
<i>Manicure</i>	60 mins	€70
<i>Pedicure</i>	60 mins	€75
<i>Luxury Hand and Nail</i>	75 mins	€90
<i>Luxury Foot and Nail</i>	75 mins	€90

WAXING TREATMENT

<i>Luxury Full Leg Wax</i>	60 mins	€70
<i>Luxury Half Leg Wax</i>	30 mins	€50
<i>Full Leg Wax</i>	40 mins	€65
<i>Half Leg Wax</i>	20 mins	€35
<i>Bikini Wax</i>	15 mins	€25
<i>Underarm Wax</i>	15 mins	€20
<i>Lip and Chin Wax</i>	15 mins	€20
<i>Lip Wax</i>	10 mins	€15
<i>Upper Leg and Bikini Wax</i>	30 mins	€60

EYECARE

<i>Eyelash Tint</i>	15 mins	€20
<i>Eyebrow Tint</i>	10 mins	€15
<i>Eyebrow Wax/Shape</i>	10 mins	€20
<i>Eyelash and Eyebrow Combo</i>	30 mins	€50

TANNING

<i>Full Body Tan</i>	60 mins	€75
<i>Arms, Chest and Back Tan</i>	45 mins	€60

*Please be advised a patch test is required for waxing & tinting.
Our cancellation policy is 24 hours prior to the booked treatment.*